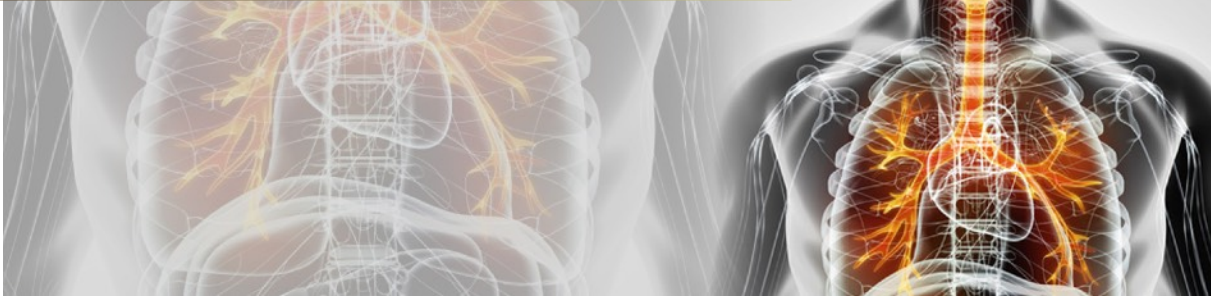


Airway Centric Dentistry: The Breathing Machine

Developing Airways, Improving Breathing, and Enhancing Overall Health



In our dental practices, we commonly encounter patients with underdevelopment of craniofacial structures combined with unhealthy breathing, day and night.

Signs and symptoms such as restorative failures, non-resolving non-infection based periodontal disease, high decay rate, orthodontic failures, signs of clenching/grinding, TMJ issues, high anxiety, ADHD, over-active gag reflexes....

These challenges could be warning signs of a compromised airway or unhealthy breathing.

By the time patients present with functional or aesthetic airway disorders, it's likely they have been living with anatomic and habitual causes of disordered breathing for years—even decades.



Kathleen Carson, DDS
Functional Integrative Oral Health

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Learning Objectives:

- Recognize the differences between normal and abnormal orofacial structures
- Understand what is healthy breathing, day and night & how to recognize if there could be a problem
- Understand what is healthy sleep, what are sleep breathing disorders, and the dental team's role in treatment
- Discover how to provide optimal patient care through building a collaborative team of healthcare professionals
- Identify how to enhance patient exams and diagnostics, leading to additional treatment possibilities, increased revenue and better outcomes
- Explore modalities - such as myofunctional therapy, oral appliance therapy, and jaw development orthodontics - that improve case success and profitability
- Learn how to enroll your team and incorporate airway centric dentistry into your practice
- Recognize signs of airway disorders and gain skills for comfortably engaging patients regarding their signs and symptoms.
- Explore tips and tools for helping patients understand their responsibility in achieving optimal outcome



Suggested Format: Full-Day or Partial Day;
Lecture or Workshop

Suggested Audience: Dentist and Team;
Healthcare Professionals

CONTINUED



Consider adding Dr. Chopra, Board Certified Sleep Physician, to enhance the program

Learn how to effectively collaborate between dentists and sleep physicians to improve patient care. Gain a better understanding of healthy sleep.

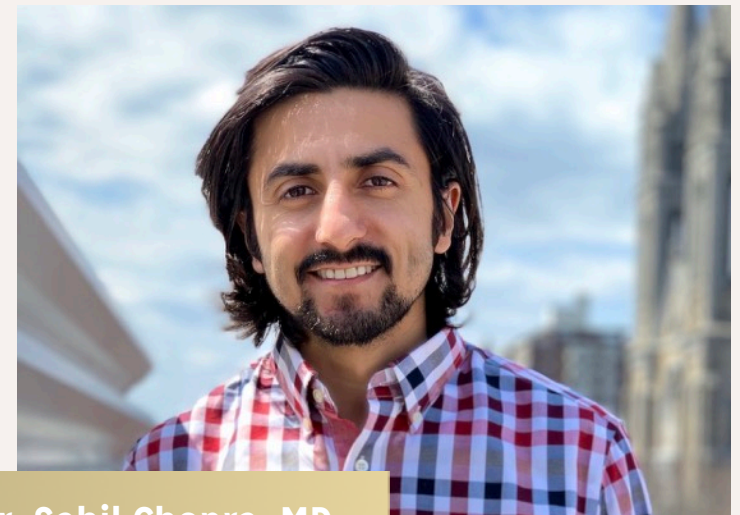
Sleep needs to be approached holistically, integrating various aspects such as lifestyle modifications, prescription therapeutics, psychological support, and addressing underlying health conditions to ensure comprehensive and effective treatment.

Take learning even deeper by bringing both Dr. Carson and Dr. Chopra to speak, learning from them how to create and build upon a strong collaborative relationship to patient care in sleep medicine.



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Dr. Sahil Chopra, MD

Dr. Sahil Chopra is a highly experienced medical professional specializing in several areas, including internal medicine from UCLA, pulmonary diseases & critical care medicine from Loma Linda, and sleep medicine from Harvard. He has diverse experiences as a physician, known for his expertise in diagnosing, preventing, and treating sleep disorders.

Sahil is the Co-Founder & Chief Medical Officer at Empower Sleep. Empower Sleep provides sleep care online using continuous vital from medical grade devices. He has successfully used longitudinal sleep testing to contribute to his patients' overall health and improved clinical outcomes.

Traditional sleep care tends to look at sleep in snapshots through the model of single-night testing. However, using continuous vitals has allowed him to hyper-personalize the treatment and develop unique care pathways for each patient.